












UNLESS OTHERWISE NOTED (i.e. dates given) **ACTIVITIES ARE ALWAYS ON EACH DAY LISTED**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am	Exercise 		Exercise 	Spanish Review  FREE Income Tax Service	Exercise  2nd Taxi Coupons 3/14 & 4/11 Need Center ID	
9:30 am	Golf Classes 	1st Friends Board Meeting 3/4 & 4/1  4th Advisory Board Meeting 3/25 & 4/22	Blood Pressure Clinic 3rd 3/19 & 4/16  3rd Craft Class For Hospice Patients 3/19 & 4/16	1st Trip Committee Meeting 3/6 & 4/3		
10:00 am	Chinese Brush Silk Scarf Painting  Progressive Rummy M-F  Memoir Writing Classes 10 - 11:30 am	2nd RED HAT 3/11 & 4/8  Senior Support Group 10 - 11:30 am	Progressive Rummy 	Photo ID's 10 - 12 noon  Conversation Spanish  Legal Clinic 3/20 & 4/17	Progressive Rummy 	
10:30 am		AARP 3rd 3/18 & 4/15	Intermediate Folk Dancing			
11:30 am	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
12:30 pm	Craft Class	FREE Notary Service 4th 11:30 am - 12 noon 3/25 & 4/22	<b>ARA</b> Active Retired Altadenans Board Meeting	BINGO 2nd & 4th  3/13 & 3/27 4/10 & 4/24		
1:00 pm	Push & Pull M- F	Sewing & Needle Craft 1 - 4 pm 1st, 3rd & 5th 3/4 & 3/18 4/1, 4/15 & 4/29	Contemporary Art Class Weekly 1 - 4 pm	Ball Room Dancing 		
2:00 pm		Gentle Yoga and Chi Gong 2 - 3 pm 	<b>ARA</b> Active Retired Altadenans Weekly Meeting	Senior Support Group 2 - 3:30 pm		
3:00 pm						
4:00 to 7:00 pm						